



EVENT BIBLE

Dear Athlete,

Welcome to the coolest ride in the country! This is a metric century (62 miles), we appreciate you attending the event and look forward to hearing about your experience. Have a great time out there and

Please remember the following:

1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.

Be safe and have fun!!
The Buttar.com Team

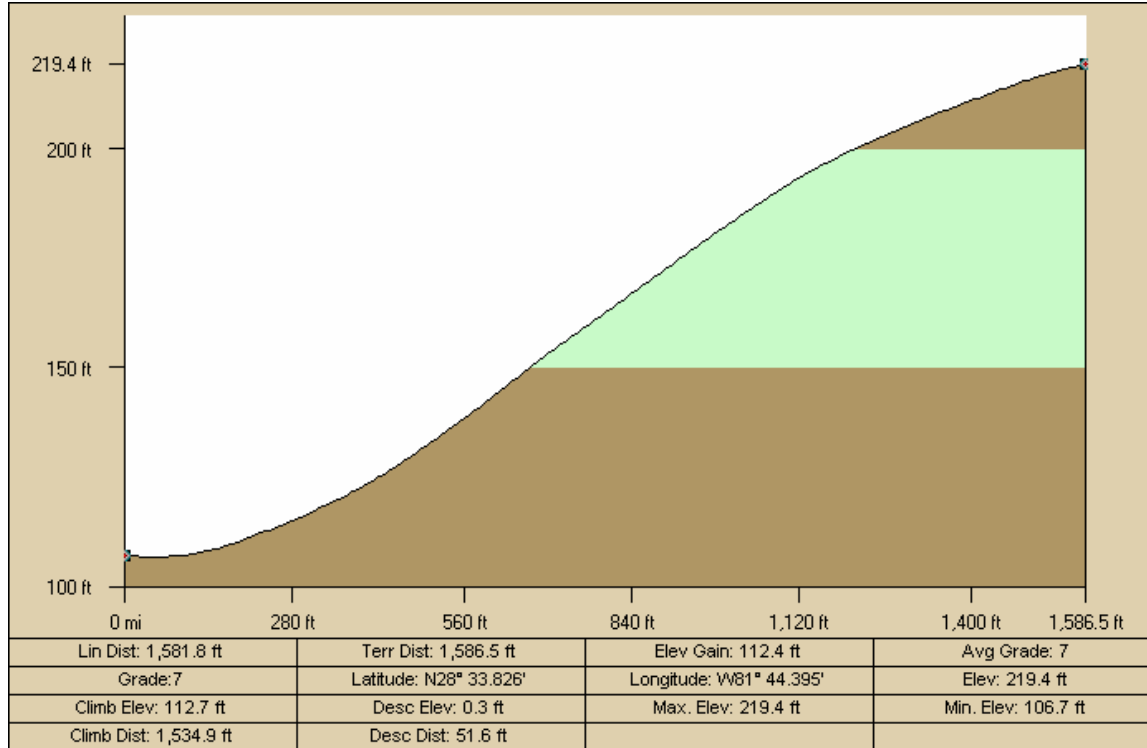
1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.

General Information

- Each zone has a sign which indicates that the start is ½ mile away.
- Each zone start is marked with a specific color feather banner.
- Each zone end also marked with a specific color feather banner.
- As you cross the start of the zone you will cross a ‘detection point’ which time stamps your passing.
- As you cross the end of the zone you will cross a ‘detection point’ which time stamps your passing again.
- Your zone time is the difference between these 2 time stamps.
- NEVER enter the zone and then turn around to restart – if you do your time for that zone will be disqualified.
- There are no ‘do-overs’ or restarts – if you flat or crash in a zone that zone will be disqualified.
- All 3 zones are climbs.
- The male and female riders with the lowest combined across all 3 zones will win the yellow jerseys.
- The final standings of the event will be tabulated as the last rider exits zone 3.
- All athletes are required to stop at last SAG to have their transponder removed.
- The awards ceremony will take place within the first 25 finishers of the ride at Gold’s Gym.
- Full zone times will be posted online by the evening of 1/27/07 and emailed to those athletes with an email addresses.
- You must be able to complete the full course in 5 hours (12.4 mph average)
- All SAG stops and zones will close based on minimum speed of 12.4 mph.
- Recommended minimum gearing – 39 x 23
- If at any time you are the ‘lantern rouge’ or close to a time cut off – we will make every effort to notify you.
- There will be 1 SAG vehicle roaming the course. Notice the term ‘SAG Vehicle’ – this is not a taxi service!
- Be sure to carry all repair items you anticipate requiring.
- This course has 2 SAG stops, which will be visited a total of 3 times throughout the ride.
 - Ferndale Baptist Church, closes at 12:00 pm
 - Astatula Police Park, closes at 12:00 pm (this is a mandatory stop to remove transponder)

1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.

Zone 1 – Citrus Tower

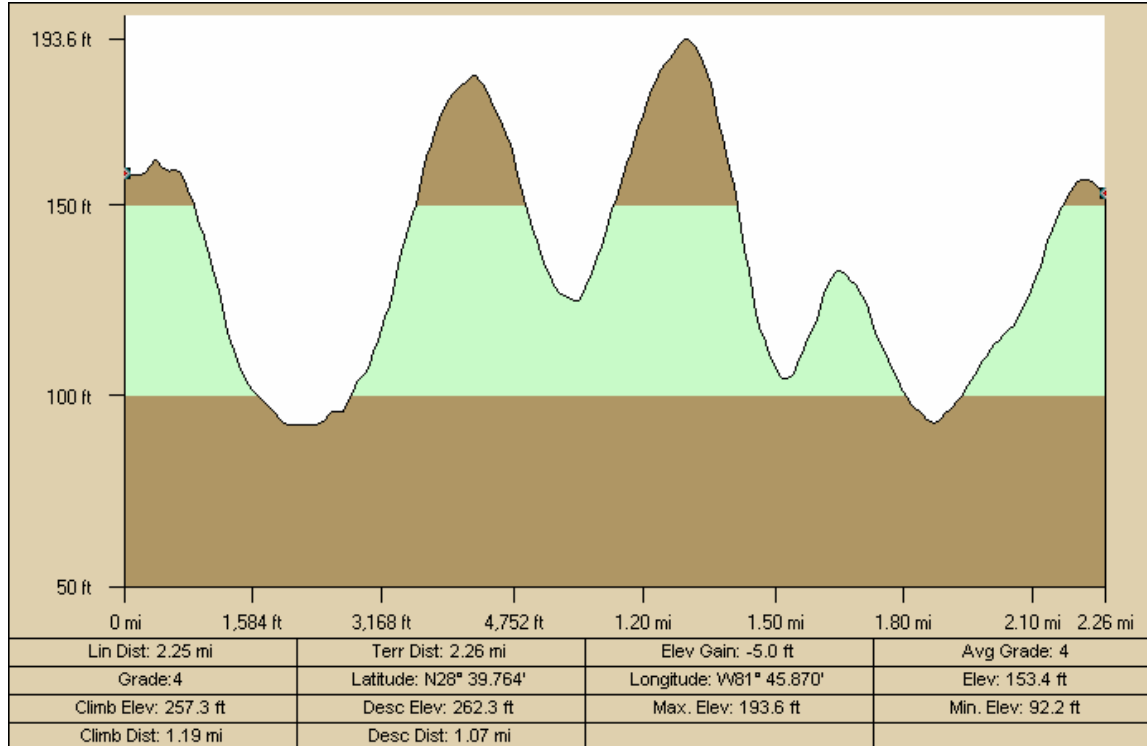


Data use subject to license.
© 2004 DeLorme. Topo USA® 5.0.
www.delorme.com

Zone 1 starts approximately 0.5 miles from the start of the event. **WARM UP!!!** This zone will close at 8:20 am. This hill is very short but vicious, only well warmed up athletes will get a good time on this one. **Tip to maximize speed:** Build up speed on the downhill prior to the hill and do this one in the big ring.

1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.

Zone 2 – Buckhill Road

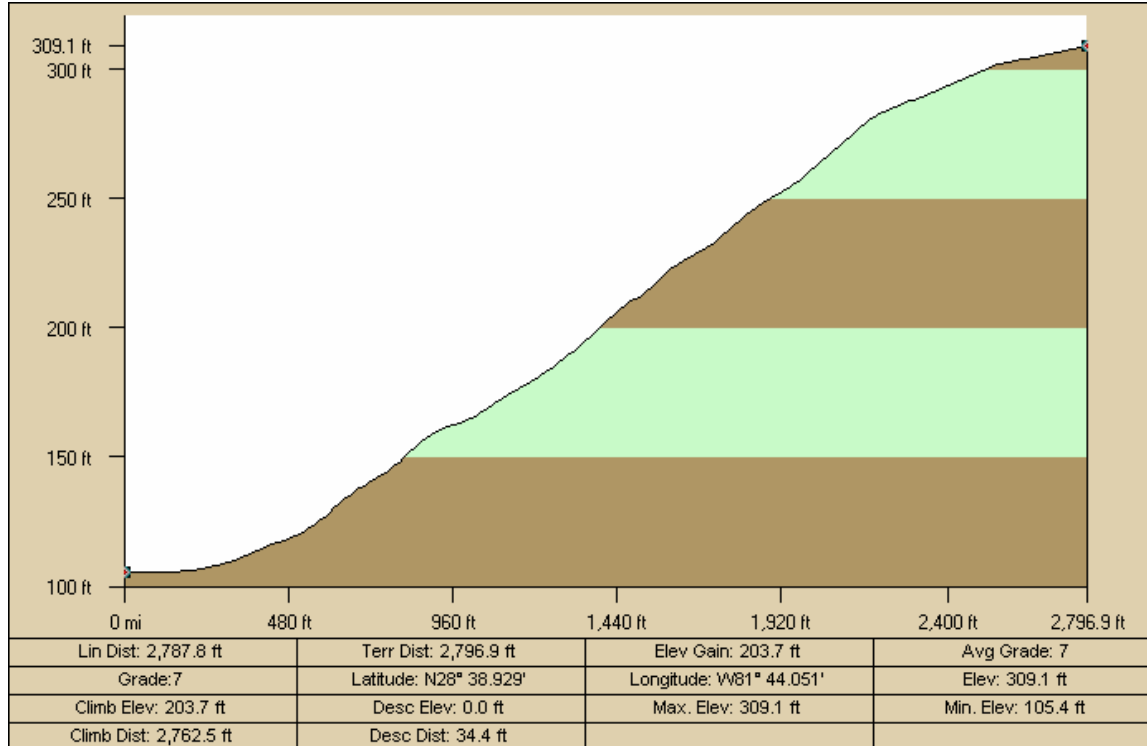


Data use subject to license.
© 2004 DeLorme. Topo USA® 5.0.
www.delorme.com

Zone 2 starts approximately 9 miles from the start of the event. This zone will close at 9:00 am. This series of hills can be brutal but the roller coaster nature will allow just a little recovery. **Tip to maximize speed:** pedal on the downhill – ride uphill at the upper end of your threshold.

1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.

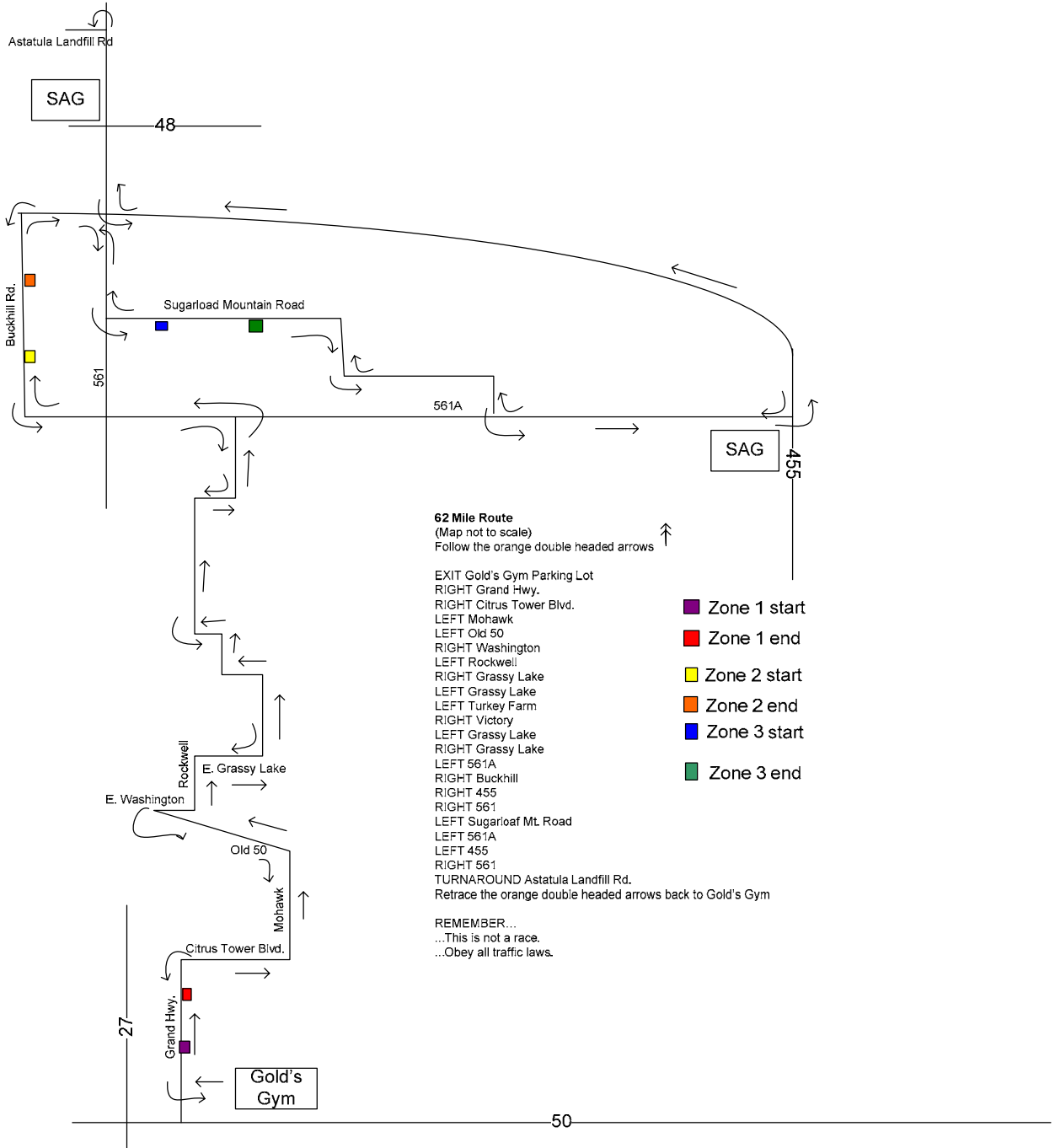
Zone 3 – Sugarloaf



Data use subject to license.
© 2004 DeLorme. Topo USA® 5.0.
www.delorme.com

Zone 3 starts approximately 14.5 miles from the start of the event. This zone will close at 10:00 am. This hill will be the most severe – especially due to the fact that this will be the 3rd major climbing effort in less than 15 miles. **Tip to maximize speed:** there is none for this hill – keep it in the little ring and get ready to accept pain if you want a good time.

1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.



1. This is NOT a race – only 3 zones will be timed.
2. Obey all traffic laws at all times.