

DATE & TIME

Sunday, August 29th, 2004
7:30 am Start

LOCATION & PARKING

Input the following address into MapQuest: 898 Camp Winona Road, DeLeon Springs, FL 32130 (386) 985-4544 Once you arrive at Camp Winona please follow signs to the parking area.

HOTEL

University Inn – 644 N Woodland Blvd, Deland, FL 386-734-5711

COURSE DESCRIPTION

Sprint Distance Triathlon

Swim – 0.25 miles, Bike – 11 miles, Run – 3.1 miles

Sprint Distance Duathlon

Run – 2 miles, Bike – 11 miles, Run – 3.1 miles

Olympic Distance Triathlon

Swim – 1.5 K, Bike – 40K, Run – 10K

SCHEDULE

Saturday – August 28, 2004

1:00 pm – 6:00 pm – packet pickup at 3901 Ibis Drive, Orlando, FL 32803

Sunday – August 29, 2004

5:30 am – 7:15 am: Registration, packet pickup, body marking, chip pickup.

7:15 am – 7:30 am: Mandatory pre-race meeting for all athletes (including Duathletes) at swim start.

7:30 am – Race start

9:30 am – Champions Breakfast opens

10:30 am – Course officially closed

10:45 am – Awards ceremony

DIVISIONS

Open; Clydesdales (Men over 200) / Athena (Ladies over 140); Age Group (8-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+); Coed Relay, Male Relay, Female Relay

AWARDS

Top 3 male and female finishers in the listed divisions above and top 5 overall male and female receive outstanding awards at the fun and festival “Everyone Is A Winner” Party.

ENTRY FEE

Sprint Distance Triathlon

Individuals - \$60 before race day / \$70 on race day

Relays - \$120 before race day / \$150 on race day

Sprint Distance Duathlon

Individuals - \$45 before race day / \$55 on race day

Relays - \$85 before race day / \$95 on race day

Olympic Distance Triathlon

Individuals - \$75 before race day / \$85 on race day

Relays - \$150 before race day / \$160 on race day

Register early - only 250 participants (across all 3 events) will be allowed to compete.

ONLINE REGISTRATION

Online registration at www.buttar.com closes at midnight 8/25/04.

PACKET PICKUP

Participants can pick up packets and / or register on August 28th (1 pm to 5 pm) at 3901 Ibis Drive, Orlando, FL 32803 or event day.

QUESTIONS

Contact: Buttar Inc. - Phone: (407) 896-6879 - Website: www.buttar.com - Email: Support@buttar.com

SPECIAL INFORMATION

- ❖ We use the AMB timing system – the same system used in the Olympics – guaranteed accurate and timely results.
- ❖ Earn ‘Frequent Athlete Program’ punches redeemable for merchandise or discounted event entries.
- ❖ Results from this event count toward the Orlando Athlete of the Year Award.
- ❖ T-shirt and post-event Champions Breakfast (pancakes, eggs, fruit, juice, water, coffee) included in entry fee.
- ❖ Water -stations every mile on the run, at transition and at the bike turnaround.
- ❖ Volunteers receive a FREE t-shirt.
- ❖ Checks, Cash, MC, Visa & Discover accepted onsite.
- ❖ This is a USAT Sanctioned event – all participants (including relay must purchase a 1 day license (\$9).
- ❖ Attention All Triathletes: Attend a 2 hour clinic on July 24 that covers a 30 day training plan, event day prep, nutrition, clothing, shoes and a special surprise guest. Register online at <http://www.buttar.com>

